April Calendar

2021 Virtual Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours Monday through Friday 10:00 am – 4:00 pm Open by emergency appointment only; please call ahead of time for availability.	**Take your first steps with the PNC Fairfax Connection.** A free resource center dedicated to helping the community learn and grow **classes • workshops • events • programs**			**1** Creative Design 11:00 am – 12:00 pm	**2**	**3** Creative Design 11:00 am – 12:00 pm
4	**5** Songwriting 5:00 pm – 7:00 pm	**6** *New time!!!* Breakfast with Brian 5:30 pm – 6:30 pm Connecting with the Community 6:30 pm – 7:00 pm	**7** The Art Narrative of Podcasting 1:00 pm – 2:00 pm	**8** Creative Design 11:00 am – 12:00 pm	**9**	**10** Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
11	**12** Basics of Online Learning 1:00 pm – 2:00 pm Songwriting 5:00 pm – 7:00 pm	**13** 9 Strategies to Navigate Change 5:00 pm – 6:30 pm	**14** Leveraging Your Online Profile 1:00 pm – 2:30 pm Stuck at Start 101 — Entrepreneur Workshop 5:30 pm – 7:00 pm	**15** Creative Design 11:00 am – 12:00 pm	**16**	**17** Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
18	**19** Tech Assistance 1:00 pm – 2:00 pm Songwriting 5:00 pm – 7:00 pm	**20** Book Club 5:00 pm – 6:30 pm	**21** Financial Recovery 5:00 pm – 6:30 pm	**22** Creative Design 11:00 am – 12:00 pm	**23**	**24** Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
25	**26** Songwriting 5:00 pm – 7:00 pm	**27** Cooking LIVE with Chef Tiffani 5:30 pm – 7:00 pm	**28** Stuck at Start 102 — Entrepreneur Workshop 8:30 am – 10:00 am	**29** Creative Design 11:00 am – 12:00 pm	**30**	

Virtual Workshop Descriptions

9 Strategies to Navigate Change: If there were a time that tested our ability to get through life's changes, it's now. Change affects everything and everyone around us, from our families to our jobs. Enroll to learn 9 actionable things you can do at home, at work and with the people who rely on you to navigate changes both big and small.

Basics of Online Learning: Learn about the world of virtual learning, from Zoom to WebEx to Microsoft Teams. Learn tips for logging on, protecting your privacy, and accessing educational and entertaining content from across the globe!

Basic Yoga: Join us with our partner Kimberly Archibald-Russell for our normal Saturday yoga sessions ONLINE! Whether you are new to yoga or have taken classes, this is the best place for you to start! Yoga is a unique way of strengthening & toning the body.

Book Club: Welcoming the same broad cross-section of participants who enjoy the Connection Book Club, we are now virtual. Book Club will follow the same general format as the live version (content review, core question, analysis, and dialogue), leverages the complexity of the book nuances and core issues to foster discussion, exchange, and critical thinking.

Breakfast with Brian — NEW TIME!: Join us for our evening Breakfast with Brian workshop! We are back, but different! Please join the PNCFC Staff and our executive director Brian Williams to find out about upcoming virtual programs and general updates.

Connecting to the Community: Come share and hear about community events. All programs discussed must be open to the public, non-political and not require any experience to attend. Always scheduled directly after *Breakfast with Brian.*

Creative Design: Join us and Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing online creative platforms like Adobe Spark and Canva.

Financial Recovery: During these changing times, stop to take time and assess your current financial situation. By attending this workshop, you will identify ways to increase your income and decrease/prioritize expenses. You'll leave this workshop with steps to develop your financial recovery plan.

Leveraging Your Online Profile: Join the PNCFC Staff and Lucas Tindell of Tindell Training to learn how to build your social media profiles to get the career or clientele that you desire! Learn how to connect to the professional world online!

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Participants should participate in all three sessions. Mondays (April 5, 12, 19 and 26).

Stuck on Start 101 — Entrepreneur Workshop: Building from the basics, this workshop helps aspiring business owners establish the proper mental foundation for business success. Do you have a business idea or hobby that you've wanted to launch but feel "stuck" trying to figure out how to "start"? This workshop will give you the guidance to not only get started but, with the right mindset, to set you up for success.

Stuck on Start 102 — Entrepreneur Workshop: Building from the basics this workshop helps existing early-stage business owners establish the proper mental foundation for business success. Is your business established but less than 3 years old? Do you feel "stuck" trying to figure out how to "start" seeing your business grow and thrive? This workshop will give you the guidance to help ensure you have the right structure in place to lead your business to success.

Tech Assistance: Do you have any questions about technology? This is your time to ask. We will be able to provide 1:1 virtual assistance with all things technology.

The Art Narrative of Podcasting: Podcasts are recorded stories used to inform and entertain, available via web and mobile platforms. Learn how to access podcasts focused on current events, hobbies, professional development and more. We will explore the equipment needed to record, edit and publish a podcast. This course has been carefully adjusted to fit within our new virtual setting.