

May Calendar

Links to join each class will be sent the day of the program.

2021 Virtual Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>Hours</div> <div>Monday through Friday 10:00 am – 4:00 pm</div> <div>Open by emergency appointment only; please call ahead of time for availability.</div> </div> <div> <div>Take your first steps with the PNC Fairfax Connection.</div> <div>A free resource center dedicated to helping the community learn and grow classes • workshops • events • programs</div> </div>						
	<div>2</div> <div>Tech Assistance 1:00 pm – 2:00 pm Songwriting 5:00 pm – 7:00 pm</div> <div>3</div>	<div>4</div> <div>How to Ace a Job Interview 10:00 am – 11:30 pm</div> <div>5</div>	<div>6</div> <div>Leveraging Your Online Profile 1:00 pm – 2:30 pm</div> <div>7</div>	<div>8</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>9</div>		<div>10</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>11</div>
	<div>12</div> <div>Songwriting 5:00 pm – 7:00 pm Basics of Online Learning 1:00 pm – 2:00 pm</div> <div>13</div>	<div>14</div> <div>Breakfast with Brian 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm</div> <div>15</div>	<div>16</div> <div>The Art Narrative of Podcasting 1:00 pm – 2:00 pm</div> <div>17</div>	<div>18</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>19</div>		<div>20</div> <div>Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm</div> <div>21</div>
	<div>22</div> <div>Songwriting 5:00 pm – 7:00 pm</div> <div>23</div>	<div>24</div> <div>Book Club 5:00 pm – 6:30 pm</div> <div>25</div>	<div>26</div> <div>Emotional Intelligence 1:00 pm – 2:30 pm Stuck at Start — Business Marketing 5:30 pm – 7:00 pm</div> <div>27</div>	<div>28</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>29</div>		<div>30</div> <div>Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm</div> <div>31</div>
	<div>32</div> <div>Songwriting 5:00 pm – 7:00 pm</div> <div>33</div>	<div>34</div> <div>The Paintbox 5:30 pm – 7:00 pm</div> <div>35</div>	<div>36</div> <div>Kids in The Kitchen 12:00 pm – 1:30 pm Financial Recovery 5:00 pm – 6:30 pm</div> <div>37</div>	<div>38</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>39</div>		<div>40</div> <div>Creative Design 11:00 am – 12:00 pm</div> <div>41</div>
	<div>42</div> <div>CLOSED Memorial Day</div> <div>43</div>					

Virtual Workshop Descriptions

Please join us!

All workshops are WebEx meetings.

Join the meeting 15 minutes prior to the scheduled start time for assistance with potential technology issues.

Links to join each class will be sent to members the day of the program.

Links to join are also available on our website in the calendar.

The Art Narrative of Podcasting:

Podcasts are recorded stories used to inform and entertain, available via web and mobile platforms. Learn how to access podcasts focused on current events, hobbies, professional development and more. We will explore the equipment needed to record, edit and publish a podcast. This course has been carefully adjusted to fit within our new virtual setting.

Basics of Online Learning: Learn about the world of virtual learning, from Zoom to WebEx to Microsoft Teams. Learn tips for logging on, protecting your privacy, and accessing educational and entertaining content from across the globe!

Basic Yoga: Join us with our partner Kimberly Archibald-Russell for our normal Saturday yoga sessions ONLINE! Whether you are new to yoga or have taken classes, this is the best place for you to start! Yoga is a unique way of strengthening and toning the body.

Book Club: Welcoming the same broad cross-section of participants who enjoy the Connection Book Club, we are now virtual. Book Club will follow the same general format as the live version (content review, core question, analysis and dialogue), leveraging the complexity of the nuances of the book and its core issues to foster discussion, exchange and critical thinking.

Breakfast with Brian: Join us for our Breakfast with Brian workshop! We are back, but different! Please join the PNCFC Staff and our executive director, Brian Williams, to find out about upcoming virtual programs and general updates.

Connecting with the Community: Come share and hear about community events. All programs discussed must be open to the public, be non-political and not require any experience to attend. Always scheduled directly after Breakfast with Brian.

Creative Design: Join us and Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing online creative platforms like Adobe Spark and Canva.

Emotional Intelligence: Emotional intelligence (EQ) is the ability to understand, use and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict. When it comes to happiness and success in life, emotional intelligence matters just as much as your intellectual ability. Join us and learn how you can boost your EQ.

Financial Recovery: During these changing times, stop to take time and assess your current financial situation. By attending this workshop, you will identify ways to increase your income and decrease/prioritize expenses. You'll leave this workshop with steps to develop your financial recovery plan.

How to Ace a Job Interview: From researching the company to sending a follow-up thank-you note and so much more — this workshop covers all the basics needed to put you at ease for a successful interview.

Kids in The Kitchen: We're back, we're different, and we're virtual! This class will expose kids to great-tasting and nutritious recipes. An introduction to ingredient and recipe instruction will begin each session, followed by construction of recipes that can be shared with the family.

Leveraging Your Online Profile: Join the PNCFC Staff and Lucas Tindell of Tindell Training to learn how to build your social media profiles to get the career or clientele that you desire. Learn how to connect to the professional world online.

The Paintbox: Join our paint workshop, and we'll give you step-by-step instructions on how to create your own masterpiece. Your online instructor will show you exactly what to do using our virtual conferencing platform. You only need the basic painting supplies (canvas, acrylic paint and brushes) and a sense of creativity to join our paint party. Some registered and confirmed attendees will receive some of the supplies needed so that you can follow along. Ages 13 and above.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principals of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions.

Stuck at Start — Business Marketing: So you have your new business. Well that's great, but who knows about you? How do potential customers feel when they see your brand? Does your business have a unique identity? If you're not sure or just want to improve your marketing this class is for you. When you leave this class you will know your customer and be able to give them what they want. Business owners will identify their market segments and strategies for each group.

Tech Assistance: Do you have any questions about technology? This is your time to ask. We will be able to provide one-on-one virtual assistance with all things technology.