

June Calendar

Links to join each class will be sent the day of the program.



2021 Virtual Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours Monday through Friday 10:00 am – 4:00 pm Open by emergency appointment only; please call ahead of time for availability.		1	2	3	4	5 Creative Design 11:00 am – 12:00 pm
6	7 Songwriting 5:00 pm – 7:00 pm	8 Breakfast with Brian 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm Book Club 5:00 pm – 6:30 pm	9 Leveraging Your Online Profile 1:00 pm – 2:30 pm	10 How to Ace a Job Interview 10:30 am – 12:00 pm Creative Design 11:00 am – 12:00 pm	11	12 Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
13	14 Connection Camp: Shark Week I 10:00 am – 4:00 pm Songwriting 5:00 pm – 7:00 pm	15 Connection Camp: Shark Week I 10:00 am – 4:00 pm Book Club — Beyond the Book 5:00 pm – 6:30 pm	16 Connection Camp: Shark Week I 10:00 am – 4:00 pm Financial Recovery 5:00 pm – 6:30 pm	17 Connection Camp: Shark Week I 10:00 am – 4:00 pm Creative Design 11:00 am – 12:00 pm	18 Connection Camp: Shark Week I 10:00 am – 4:00 pm	19 Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
20 <i>Father's Day</i>	21 Connection Camp: Shark Week II 10:00 am – 4:00 pm Songwriting 5:00 pm – 7:00 pm	22 Connection Camp: Shark Week II 10:00 am – 4:00 pm Cooking LIVE with Chef Tiffani 5:30 pm – 7:00 pm	23 Connection Camp: Shark Week II 10:00 am – 4:00 pm Post-Pandemic Playbook 1:00 pm – 2:30 pm Stuck at Start 102 — Entrepreneur Workshop 5:30 pm – 7:00 pm	24 Connection Camp: Shark Week II 10:00 am – 4:00 pm Building Bridges 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm	25 Connection Camp: Shark Week II 10:00 am – 4:00 pm Connection Camp Presents Shark Tank 1:00 pm – 3:00 pm	26 Basic Yoga 11:00 am – 12:00 pm Creative Design 11:00 am – 12:00 pm
27	28 Connection Camp: Creative Expression 10:00 am – 4:00 pm Songwriting 5:00 pm – 7:00 pm	29 Connection Camp: Creative Expression 10:00 am – 4:00 pm	30 Connection Camp: Creative Expression 10:00 am – 4:00 pm	Take your first steps with the PNC Fairfax Connection. A free resource center dedicated to helping the community learn and grow classes • workshops • events • programs		

Virtual Workshop Descriptions

Please join us!

All workshops are WebEx meetings.

Join the meeting 30 minutes prior to the scheduled start time for assistance with potential technology issues.

Links to join each class will be sent to members the day of the program.

Links to join are also available on our website in the calendar.

Basic Yoga: Join us with our partner Kimberly Archibald-Russell for our normal Saturday yoga sessions online. Whether you are new to yoga or have taken classes, this is the best place for you to start! Yoga is a unique way of strengthening and toning the body.

Book Club: Welcoming the same broad cross-section of participants who enjoy the Connection Book Club, we are now virtual. Book Club will follow the same general format as the live version (content review, core question, analysis and dialogue), leveraging the complexity of the nuances of the book and its core issues to foster discussion, exchange and critical thinking.

Book Club — Beyond the Book: Books are wonderful vehicles through which we can learn about others' stories. But books also serve the purpose of illuminating our own stories. Fairfax Connection Book Club: Beyond the Book is to build a bridge between the book of the month and our own lives, to use the book as a lens to look at society and the groups that make up our identities, to take a deeper dive into ourselves, and, using the book as a vehicle, to draw and provide real-world wisdom.

Breakfast with Brian: Join us for our Breakfast with Brian workshop! We are back, but different! Please join the PNCFC Staff and our executive director, Brian Williams, to find out about upcoming virtual programs and general updates.

Building Bridges: Similar to our Building Blocks program for pre-K students, Building Bridges gives our middle school-aged kiddos an opportunity to engage in some fun and interactive programs as well. This month's activity will be YOGA!

Connection Camp: The PNCFC Connection Camp is a new summer program for students ages 12-17. This is an opportunity that you don't want to miss! In collaboration with Reach Success & New Life at Calvary, this learning loss prevention program will include three 2-week modules that will provide an optimal learning experience for all students!

1. Shark Weeks I & II June 14–June 25

This program will give students a unique opportunity to learn how to brand their skills, service, or product in a way that's fascinating to the consumer. Learn how to be your own boss! Register for this 2-week module today at www.pncfairfaxconnection.com.

2. Creative Expression June 28–July 9

#ExpressYourself
#DiscoverYourArtisticAptitude
Do you like to sing, rap, draw, dance, paint, write poetry, do spoken word or anything artistic? If so, this module is for you! Learn to hone your talent through Creative Expression. Register for this 2-week module today at www.pncfairfaxconnection.com.

Connection Camp Presents — Shark Tank: Students who have participated in the First Module (Shark Weeks I & II) will have an opportunity to pitch their skills, service, product or brand. Prizes will be awarded for "Best Pitch."

Connecting with the Community: Come share and hear about community events. All programs discussed must be open to the public, be non-political and not require any experience to attend. Always scheduled directly after Breakfast with Brian.

Cooking LIVE with Chef Tiffani: It's time again for our LIVE cooking class with Cutting Board Academy that will allow you to learn tips and tricks for creating various meals to enjoy with your family and friends. Join our very own Chef Tiffani as she walks through how to make a special dish. Register and potentially win the ingredients to prepare the delicious meal. Space is limited for this fun virtual experience. Ages 13 and older.

Creative Design: Join us and Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing online creative platforms like Adobe Spark and Canva.

Financial Recovery: During these changing times, stop to take time and assess your current financial situation. By attending this workshop, you will identify ways to increase your income and decrease/prioritize expenses. You'll leave this workshop with steps to develop your financial recovery plan.

How to Ace a Job Interview: From researching the company to sending a follow-up thank-you note and so much more — this workshop covers all the basics needed to put you at ease for a successful interview.

Leveraging Your Online Profile: Join the PNCFC Staff and Lucas Tindell of Tindell Training to learn how to build your social media profiles to get the career or clientele that you desire. Learn how to connect to the professional world online.

Post-Pandemic Playbook: Due to the pandemic, we are now faced with the need to create a new normal. It's time to stop playing defense and start playing offense. It's time to rewrite our playbooks by facing what happened, healing from the pain of what we went through and charting a course forward.

This training will give us an opportunity to reflect, celebrate our accomplishments and rewrite our playbook to create a new game plan that will guarantee a winning mindset and predictable success.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principals of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions.

Stuck on Start 102 — Entrepreneur Workshop: Building from the basics, this workshop helps existing early-stage business owners establish the proper mental foundation for business success. Is your business established, but less than 3 years old? Do you feel "stuck" trying to figure out how to "start" seeing your business grow and thrive? This workshop will give you the guidance to help ensure that you have the right structure in place to lead your business to success.