

June Calendar

We're open with updated hours!

2022 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Hours</i></p> <p>Monday, Thursday and Friday 10:00 am – 4:00 pm Tuesday and Wednesday 10:00 am – 7:00 pm Saturday 10:00 am – 1:00 pm</p>			<p>MBTI: Getting to Know the Inner You 5:30 pm – 7:00 pm</p> <p>1</p>	<p>Creative Design – Basic 11:00 am – 12:30 pm</p> <p>2</p>	<p>Building Blocks 11:00 am – 12:00 pm</p> <p>3</p>	<p>Basic Yoga 11:00 am – 12:00 pm</p> <p>4</p>
5	6	<p>Book Club 5:00 pm – 6:30 pm</p> <p>7</p>	<p>How to Have Healthy Relationships 1:00 pm – 2:30 pm Kids in the Kitchen 4:00 pm – 5:00 pm</p> <p>8</p>	<p>Creative Design – Intermediate 11:00 am – 12:30 pm</p> <p>9</p>	<p>Building Blocks 11:00 am – 12:00 pm</p> <p>10</p>	<p>Homebuyers Workshop 10:00 am – 12:00 pm</p> <p>11</p>
12	<p>Black History 365 12:00 pm – 1:30 pm</p> <p>13</p>	<p>TeaTime with Traci 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm Cooking LIVE with Chef Tiffani 5:30 pm – 7:00 pm</p> <p>14</p>	<p>The Key to Self-Motivation 1:00 pm – 2:30 pm Kids in the Kitchen 4:00 pm – 5:00 pm</p> <p>15</p>	<p>Creative Design – Advanced 11:00 am – 12:30 pm</p> <p>16</p>	<p>Building Blocks 11:00 am – 12:00 pm</p> <p>17</p>	<p>Get Up and Move 10:30 am – 12:30 pm Design Spotlight: Logo Design Thinking 11:00 am – 12:30 pm</p> <p>18</p>
19	<p>CLOSED <i>Juneteenth</i> (observed)</p> <p>20</p>	<p>Book Club 5:00 pm – 6:30 pm</p> <p>21</p>	<p>Kids in the Kitchen 4:00 pm – 5:00 pm Let's Grow! Gardening Workshop 5:30 pm – 7:00 pm</p> <p>22</p>	<p>Technology Spotlight: Social Media – Connecting Your Personal Brand to Your Portfolio 11:00 am – 12:30 pm</p> <p>23</p>	<p>Building Blocks 11:00 am – 12:00 pm</p> <p>24</p>	<p>Get Up and Move 10:30 am – 12:30 pm Design Spotlight: Logo Design & Delivery 11:00 am – 12:30 pm</p> <p>25</p>
26	27	<p>Connecting through Conversations: June Hot Topics 5:00 pm – 6:30 pm</p> <p>28</p>	<p>Writers Workshop 12:00 pm – 1:30 pm WOW! Wade Oval Wednesday 4:30 pm – 7:00 pm</p> <p>29</p>	<p>Technology Spotlight: Social Media – Content Creation 11:00 am – 12:30 pm</p> <p>30</p>	<p>Take your first steps with the PNC Fairfax Connection.</p> <p>A free resource center dedicated to helping the community learn and grow</p> <p>classes • workshops • events • programs</p>	

Workshop & Special Events Descriptions

Visit pncfairfaxconnection.com/calendar to register for this month's programs.

Basic Yoga: Join us with our partner My Village Yoga for our normal Saturday yoga sessions LIVE at the PNC Fairfax Connection! Whether you are new to yoga or have taken classes, this is the best place for you to start. Yoga is a unique way of strengthening and toning the body. Registration is required. Call 216-391-4677 for registration information.

Black History 365: As we all know, Black History is more than a month of engagement — it is 365 days a year. There is an abundance of content that we will explore to highlight the history of the Black experience. Join our gathering as we discuss and engage in our monthly Black History topic.

Book Club: One of the pleasures of a good book club discussion is having a great book to rave about and a lively debate about it. Join us for your Connection to the literary world as we discuss our shared experience of our selected book.

Building Blocks: Weekly program for Fairfax families with children ages 3 to 6, featuring arts & crafts, storytime, music or an appearance by a PNC Grow Up Great partner.

Building Bridges: Similar to our Building Blocks program for pre-K students, Building Bridges gives our middle school-aged students an opportunity to engage in some fun and interactive programs as well! Check our calendar for this month's activity.

Connecting through Conversations: June Hot Topics: What world topics are being discussed this month — on the federal, state and local levels? Come prepared to discuss and defend your opinion on trending news stories that matter to you.

Connecting with the Community: Come hear about community events and prepare to share. All programs discussed must be open to the public, be non-political and not require any experience to attend. This session will always commence directly after TeaTime with Traci.

Creative Design: Join us and our partner Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- Basic: An introduction to graphic design using the Canva platform.
- Intermediate: Detailed training on how to create a design portfolio of projects — logos, marketing materials and branding campaigns — using Canva.
- Advanced: Instruction on how to create, edit and manipulate graphics using Adobe Photoshop.

Design Spotlight: Logo Design Thinking: This workshop will focus on the beginning stages of logo design. Discussion topics include discovery, research, brainstorming and sketching. Participants will gain a solid foundation that will prepare them for client-based practices. Registration is required.

Design Spotlight: Logo Design & Delivery: This workshop will focus on the execution stages of logo design. Discussion topics include how to design, present and deliver. Participants will also receive guided instruction on the use of Adobe Illustrator. Registration is required.

Get Up and Move: Study after study proves how essential regular exercise is to physical and mental health. Consistent activity helps us maintain a healthy weight, boosts immunity and bone health, and reduces stress. Now, as older Americans in particular face what may be additional months of staying home to stay safe, it's especially important to take steps to maintain mobility and strength. Get Up & Move is a 2-hour program developed to get you moving! Join us for yoga, line dancing and walking through the Fairfax neighborhood as you improve your overall health. Open to all ages.

Homebuyers Workshop: Join PNC Bank for an exciting discussion that will provide insight into the homebuying experience. Learn about financing, the pre-approval process, unique lending products and special programs to make homeownership more affordable. This LIVE workshop requires registration; call 216-391-4677 for information.

How to Have Healthy Relationships: Let's discuss how we can have healthy relationships of all kinds, from business to family to romantic and with people of different races, backgrounds and beliefs. We all want to have healthy, productive, loving relationships with others but so many struggle to attain this seemingly simple goal. What is holding you back? What can you do to change your relationship status? How can you get along better with family and friends? How can you have healthy discussions that build tighter bonds with people who are not like you? We will discuss these topics and more.

The Key to Self-Motivation: Transform My Motivation System: When most people are trying to reach a goal or achievement, they fall short because they lose the momentum they created when they first started their journey. You must make sure you stay away from the major influences that destroy motivation and momentum. People tend to hit a barrier that seems to halt their progress because of 12 factors. In this course, you will learn not only these 12 factors but also the 12 factors that get and keep you going. Join us and jump-start your motivation system!

Kids in the Kitchen: Kids in the Kitchen is a weekly class that will expose children to great tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

Let's Grow! Gardening Workshop: This hands-on workshop will increase your knowledge in creative gardening. In partnership with the Association of African American Cultural Gardens (AAACG) and the Fairfax Garden & Transformation Team (FGTT), join us to learn about seed starting, planting annuals and perennials, soil conditions, and the joys of gardening. All ages welcome.

MBTI: Getting to Know the Inner You: Whether it's personal growth, self-improvement, or developing your leadership abilities, the first step is self-awareness. You cannot know where you are going if you do not know where you are — and, more important, who you are — and what you need to be your best self. In this workshop, you will discover what makes you tick, how you make decisions, what your perceptions of the world around you are based on, and what you need to do in the environment to be at your best.

TeaTime with Traci: Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection.

Technology Spotlight: Social Media – Content Creation: This workshop will focus on the art of social media content creation. You will learn how to create and upload content to one or several social media platforms. You can create content for fun, or you may have a job as a professional content creator, otherwise known as an influencer. You will discover a variety of tools and techniques that will help you become skilled at creating high-quality content. You don't want to miss this workshop!

Technology Spotlight: Social Media – Connecting Your Personal Brand to Your Portfolio: This workshop will focus on the art of social media marketing. You will learn how to explore and present your personal brand online. Discussion topics will include authenticity, the difference between documenting and creating, and a variety of tools and techniques that will help you become a skilled social media marketer. You don't want to miss out on this!

WOW! Wade Oval Wednesday: Join the PNC Fairfax Connection Team at WOW! 2022 at University Circle. Visit universitycircle.org for additional information and meet us there for some summer fun at the PNC Fairfax Connection table.

Writers Workshop: Writers Workshop is a creative space where writers develop their craft and come together in the spirit of discovery and fellowship. Awaken the writer in you and get that idea on the page! Join us for ongoing workshops where we learn and share your writing experience. Come for the lesson, writing/conferring time and sharing. Learn tips on writing, how to get started and getting your work published.