ണ	Lay Ca	lendar	We're open with updated hours!		20	22 Programs
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Basic Facilitation Skills 2 10:00 am – 11:30 pm	MBTI – Getting to Know the Inner You 5:30 pm – 7:00 pm	<b>2022 Success Habits</b> 1:00 pm - 2:30 pm <b>Songwriting</b> 5:00 pm - 6:00 pm	Creative Design - Basic 5	Building Blocks 11:00 am – 12:00 pm	Digital Music Recording & Production – Advanced 10:00 am – 12:00 pm Basic Yoga 11:00 am – 12:00 pm Design Spotlight: Logo – Design Thinking 11:00 am – 12:30 pm
8	Basic Computer Skills 9 1:00 pm - 2:30 pm	TeaTime with Traci 11:00 am - 12:00 pm10Connecting with the Community 12:00 pm - 12:30 pmBook Club 5:00 pm - 6:30 pm	Kids in the Kitchen 12:00 pm – 1:00 pm Songwriting 5:00 pm – 6:00 pm	Creative Design – Intermediate 11:00 am – 12:30 pm	Building Blocks 11:00 am – 12:00 pm	Digital Music Recording & Production – Advanced 10:00 am – 12:00 pm Basic Yoga 11:00 am – 12:00 pm Design & Dotlight: Logo – Design & Delivery 11:00 am – 12:30 pm
15	Black History 365 12:00 pm – 1:30 pm	Dealing with Difficult People – Getting to Know Them and Yourself Better 1:30 pm – 3:00 pm 100th and Cedar Film Event 5:00 pm – 7:00 pm	Leveraging Your Online Profile 1:00 pm - 2:30 pm Teen Book Club 5:00 pm - 6:30 pm	Creative Design - Advanced 11:00 am - 12:30 pm	Building Blocks 11:00 am – 12:00 pm	Basic Yoga 11:00 am - 12:00 pm Design Spotlight: Youth Digital Design 11:00 am - 12:30 pm
22	Basic Computer Skills 23	Book Club 5:00 pm - 6:30 pm Teens in the Kitchen 5:30 pm - 7:00 pm	Writers Workshop 12:00 pm - 1:30 pm Steps to Financial Recovery 5:30 pm - 7:00 pm	Technology Spotlight: 26 Introduction to Video Editing 11:00 am - 12:30 pm	Building Blocks 11:00 am - 12:00 pm	28
	closed 30 Memorial Day ⊙FAIRFAX	Connecting through Conversations: MAY Hot Topics 5:00 pm - 6:30 pm	Howes Monday, Thursday & Friday 10:00 am – 4:00 pm Tuesday & Wednesday		Take your first steps with the PNC Fairfax Connection. A free resource center dedicated to helping the community learn and grow classes • workshops • events • programs	
<b>CONNECTION</b> 8220 Carnegie Avenue between East 82 <sup>nd</sup> & 83 <sup>rd</sup> Street • 216.391.4677 • pncfairfaxconnection.com						

# Workshop & Special Events Oescriptions Visit pncfairfaxconnection.com/calendar to register for this month's programs.

**100th and Cedar Film Event:** The PNC Fairfax Connection is excited to host Director Carl Kriss' documentary of the rich history of the Fairfax Community called *100th and Cedar*. The film tells the story of a community member who grew up here, the ups and downs she encountered and rose from in her life all in this neighborhood. Mt. Zion Church plays an integral role in her "come up." Join us to watch this inspiring film about community, family, recovery and the power of connecting to the human spirit. Registration is required. Call 216-391-4677 for registration information.

**2022 Success Habits:** This workshop helps you to DO SOMETHING. By drawing out the fundamental truths in your life, learn to break down and decode the ways in which people communicate, and what others really want and expect from us.

**Basic Computer Skills:** These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited. Reservation is required. Call 216-391-4677 for registration information.

**Basic Facilitation Skills:** This highimpact workshop shows you steps to becoming a dynamic instructor, masterful facilitator and polished speaker. The session provides focused feedback so that you will leave with tangible skills you can use immediately. Perfect your learning aids, icebreakers, transitions, managing time, encouraging participation and so much more!

**Basic Yoga:** Whether you are new to yoga or have taken a couple of classes, this is the best place for you to start. Yoga is a unique way of strengthening and toning your body, improving flexibility and enhancing your sense of wellbeing. All ages are welcome. **Black History 365:** As we all know, Black History is more than a month of engagement it is 365 days a year. There is an abundance of content that we will explore to highlight the history of the Black experience. Join our gathering as we discuss and engage in our monthly Black History topic.

**Book Club:** One of the pleasures of a good book club discussion is having a great book to rave about and a lively debate about it. Join us for your connection to the literary world as we discuss our shared experience of our selected book.

**Building Blocks:** Weekly program for Fairfax families with children ages 3 to 6, featuring arts and crafts, story time, music, or an appearance from a PNC Grow Up Great<sup>®</sup> partner.

**Connecting through Conversations: MAY Hot Topics:** What world topics are being discussed this month — on the federal, state and local levels? Come prepared to discuss and defend your opinion on trending news stories that matter to you.

**Connecting with the Community:** Come share and hear about community events. All programs discussed must be open to the public, be nonpolitical and not require any experience to attend. This session will always commence directly after TeaTime with Traci.

**Creative Design:** Join us and our partner, Jamal "JayWorking" Collins, to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- Basic: An introduction to graphic design using the Canva platform.
- Intermediate: Detailed training on how to create a design portfolio of projects logos, marketing materials and branding campaigns —using Canva.
- Advanced: Instruction on how to create, edit and manipulate graphics using Adobe Photoshop.

#### Dealing with Difficult People – Getting To Know Them and Yourself Better:

Difficult people are everywhere... work, school, church, in your family and among your friends. What's up with them? Why are they so slow to act or so thin-skinned? Why do they take you for granted or try to push you around? In this workshop, you will discover what makes others tick, why you experience instant chemistry with some people while with others instant itchiness. How do you deal with someone who rubs you the wrong way, and what is the secret to getting along with anyone anywhere? Join us as we crack the code to dealing with others and better knowing yourself.

# Design Spotlight: Logo Design

**Thinking:** This workshop will focus on the beginning stages of logo design. Discussion topics include discovery, research, brainstorming and sketching. Participants will gain a solid foundation that will prepare them for client-based practices. Registration is required.

#### Design Spotlight: Logo Design

& **Delivery:** This workshop will focus on the execution stages of logo design. Discussion topics include how to design, present and deliver. Participants will also receive guided instruction on the use of Adobe Illustrator. Registration is required.

Design Spotlight: Youth Digital Design: Students will learn how to create, edit and manipulate graphics using Adobe Illustrator. Registration is required. Ages 13+

**Digital Music Recording & Production** – **Advanced:** Whether you're a budding musician or have a passion to create and record for a living, this class provides you access to and understanding of the software and tools you'll need to arrange your own masterpiece. This is the next-level session for those who have already taken the beginners course. In this class, we will use the acquired skills to produce an entire song with audio recording included. Registration required; call 216-391-4677 for information. Ages 13+ *Kids in the Kitchen:* This weekly class will expose children to great tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

### Leveraging Your Online Profile:

How do you build your social media presence? Learn how to get your career or the clientele that you desire to notice your online presence. All ages welcome.

# MBTI: Getting to Know the Inner

**You:** Whether it's personal growth, selfimprovement or developing your leadership abilities, the first step is self-awareness. You cannot know where you are going if you do not know where you are — and more important, who you are — and what you need to be your best self! In this workshop, you will discover what makes you tick, how you make decisions, what your perceptions of the world around you are based on, and what you need in the environment to be at your best.

**Songwriting:** Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principals of songwriting, structure, concepts, melody and metaphors and then produce their own compositions.

Steps to Financial Recovery: The PNC Fairfax Connection hosts financial wellness workshops dedicated to helping individuals more effectively manage their personal finances and achieve their financial goals. Workshops are taught by financial experts from PNC Bank as well as local credit and budget counseling professionals. Gain knowledge on understanding your finances by learning how to evaluate your current financial situation, develop a financial recovery plan and implement your financial plan.

**TeaTime with Traci:** Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection. **Teen Book Club:** Teens, do you enjoy reading? Join us as we tackle our first book, *The Hate You Give* by Angie Thomas. This is the author's first novel about a teenage girl who grapples with racism, police brutality and activism after witnessing the murder of her Black friend by police. The book became an immediate young adult bestseller and was adapted into a movie shortly after its release. One of the pleasures of a good book club discussion is having a great book to rave about. Join us for your connection to the literary world as we discuss our shared experience of our selected book. Registration is required. Call 216-391-4677.

**Teens in the Kitchen:** Teens in the Kitchen is an extension of our Kids in the Kitchen program. Does your teenager like to cook? Are they interested in learning new skills? If so, this is the perfect time to get involved. Visit our website to register.

# Technology Spotlight: Introduction

*to Video Editing:* This workshop will focus on the art of videography and video editing. You will learn how to create a short-form video. Discussion topics include videography, equipment and software. Participants will also receive guided instruction on the use of Adobe Premiere Pro. Registration is required.

Writers Workshop: Writers Workshop is a creative space where writers develop their craft and come together in the spirit of discovery and fellowship. Awaken the writer in you and get that idea on the page! Join us for ongoing workshops where we learn and share our writing experiences. Learn tips on writing, how to get started or how to get your work published.

**Youth Digital Design:** This workshop provides teens with the resources to develop skills that will introduce them to the creative field. Students will be introduced to a solid visual experience that will develop their sense of imagery and creativity and their critical thinking, and will prepare them for client-based practices. Participants will explore the latest design technology, such as Adobe Creative Cloud, photography and video editing. Ages 13–17

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