

October Calendar

2022 Programs

Sunday Monday Tuesday Thursday Friday Saturday

<p style="text-align: center; font-size: 2em; font-family: cursive;">Hours</p> <p>Monday, Thursday and Friday 10:00 am – 4:00 pm Tuesday and Wednesday 10:00 am – 7:00 pm Saturday 10:00 am – 1:00 pm</p>	<p style="font-size: 1.2em; font-weight: bold;">Take your first steps with the PNC Fairfax Connection.</p> <p>A free resource center dedicated to helping the community learn and grow</p> <p>classes • workshops • events • programs</p>	<p>10th Annual Celebration 11:00 am – 2:00 pm</p> <p style="font-size: 2em; font-weight: bold;">1</p>
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2	Basic Computer Skills 1:00 pm – 2:30 pm	3	Speakers Series 5:00 pm – 7:00 pm	4	Leading & Inspiring Your Community 1:00 pm – 2:30 pm Kids in the Kitchen 4 pm – 5 pm Robotics on the Go 5 pm – 6:30 pm Songwriting 5 pm – 6:30 pm Entrepreneurship Workshop: Stuck @ Start: Building from the Basics 5:30 pm – 7:00 pm	5	Working with Difficult People 12:00 pm – 1:30 pm	6	Building Blocks 11:00 am – 2:00 pm	7	Young Artists of Fairfax (Grades 3–5) 10:30 am – 11:30 am Get Up & Move 10:30 am – 12:30 pm Creative Design – Basic 11:00 am – 12:30 pm	8
9	<p style="font-weight: bold; font-size: 1.2em;">CLOSED</p> <p style="font-size: 1.5em; font-family: cursive;">Columbus Day</p>	10	TeaTime with Traci 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm Book Club 5:00 pm – 6:30 pm	11	Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm Entrepreneurship Workshop: Stuck @ Start: Business Marketing 5:30 pm – 7:00 pm	12	13	Building Blocks 11:00 am – 12:00 pm	14	Young Artists of Fairfax (Grades 6–8) 10:30 am – 11:30 am Annual Celebration Concert 5:00 pm – 8:00 pm	15	
16	17	Book Club 5:00 pm – 6:30 pm Basic Computer Skills 5:00 pm – 6:30 pm	18	Kids in the Kitchen 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm Entrepreneurship Workshop: Stuck @ Start: Using Tech + Tools 5:30 pm – 7:00 pm	19	Self-Love, Self-Care 1:00 pm – 2:30 pm	20	Building Blocks 11:00 am – 12:00 pm	21	Get Up & Move 10:30 am – 12:30 pm Creative Design – Basic 11:00 am – 12:30 pm	22	
23	24	Writers Workshop 5:00 pm – 6:30 pm Computer Skills: Beyond the Basics 5:00 pm – 6:30 pm	25	Teens in the Kitchen 4:00 pm – 5:30 pm Robotics on the Go 5:00 pm – 6:30 pm Entrepreneurship Workshop: Stuck @ Start: Building from the Basics 5:30 pm – 7:00 pm	26	27	Building Blocks 11:00 am – 12:00 pm	28	Get Up & Move 10:30 am – 12:30 pm Creative Design – Basic 11:00 am – 12:30 pm	29		
30	31											

Workshop & Special Events Descriptions

Visit pncfairfaxconnection.com/calendar to register for this month's programs.

Basic Computer Skills: These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited, and reservation is required. Call 216-391-4677 for registration information.

Book Club: One of the pleasures of a good book club discussion is having a great book to rave about and a lively debate about it. Join us for your Connection to the literary world as we discuss our shared experience of our selected book.

Building Blocks: This weekly program for Fairfax families with children ages 3 to 6 features arts & crafts, storytime, music or an appearance by a PNC Grow Up Great partner.

Connecting with the Community: Come hear about community events and prepare to share. All programs discussed must be open to the public, be non-political and not require any experience to attend. This session will always commence directly after *TeaTime with Traci*.

Creative Design: Join us and our partner, Jamal "JayWorking" Collins, to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- Basic session offers an introduction to graphic design using the Canva platform.
- Intermediate provides detailed training on how to create a design portfolio of projects — logos, marketing materials and branding campaigns using Canva.
- Advanced includes instruction on how to create, edit and manipulate graphics using Adobe Photoshop.

Entrepreneurship Workshops: Stuck @ Start: Building from the basics, this series of workshops will help aspiring business owners establish the proper mental foundation for business success. Do you have a business idea or hobby that you've been wanting to launch but feel "stuck" trying to figure out how to "start"? This series of workshops will give you the guidance to not only get started but to do so with the right mindset to set yourself up for success.

- **Stuck @ Start: Building from the Basics:** This workshop helps existing and aspiring business owners to establish the proper mental foundation for business success. All entrepreneurs are welcome!
- **Stuck @ Start: Business Marketing:** Know your customer and give them what they want! Business owners will identify their market segments and strategies for each group.
- **Stuck @ Start: Using Tech + Tools:** A business that has no online presence might as well not exist. This workshop will be an action lab from which business owners will walk away with tangible acumen to ensure that they have a basic online presence.

Get Up & Move: Study after study proves how essential regular exercise is to physical and mental health. Consistent activity helps us maintain a healthy weight, boosts immunity and bone health, and reduces stress. Now, as older Americans in particular face what may be additional months of staying home to stay safe, it's especially important to take steps to maintain mobility and strength. Get Up & Move is a 2-hour program developed to get you moving! Join us for yoga, line dancing and walking through the Fairfax neighborhood as you improve your overall health. Open to all ages.

Kids In the Kitchen: Kids in the Kitchen is a weekly class that will expose children to great tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

Leading & Inspiring Your Community: Community is everything! Learn how to build your tribe to inspire your community by increasing confidence, helping others connect and pushing them to challenge themselves. Discover your leadership strengths and how to inspire and engage others by sharing your passion. Learn the dos and don'ts of community leadership and how to have fun too. Your community needs more authentic leaders, just like you.

PNC Fairfax Connection Annual Celebration Concert: The PNC Fairfax Connection Annual Celebration Concert will deliver a range of inspiring entertainment. Join the fun as we celebrate being in the Fairfax Community. Registration is required. Call 216-391-4677 for additional information.

Robotics on the Go: This is a program for kids grades 5–10 to learn about the fascinating world of science and technology. Topics will include building robots, real world coding, interactive biology and more! Participants will have fun while building STEM vocabulary and engaging with project-based learning. Call 216-391-4677 for registration information.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Participants should participate in all four consecutive sessions.

Speakers Series: Each month, new learning from a knowledgeable speaker will captivate all who attend to hear the very best of today's thought leaders. The PNC Fairfax Connection Speakers Series has been carefully crafted to deliver a range of inspiring speakers — renowned entrepreneurs, community leaders and award-winning journalists. You will come away from each speaker event with greater awareness and a broader understanding of new ideas. Call 216-391-4677 for additional information regarding this month's speaker.

Self-Love, Self-Care: Self-care is a sustainable and holistic investment in our minds and bodies. It includes taking good care of our physical health, most notably by eating healthily, exercising and sleeping well. But it also entails self-love by looking after our minds and emotions, which can take the form of setting time aside for activities that nourish our spirits and learning to understand how we can best replenish our energies. In this workshop, you will learn and practice tools to expand your self-knowledge, improve your self-esteem, increase your self-worth, and build your personal self-care kit.

TeaTime with Traci: Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection.

Teens in the Kitchen: Teens in the Kitchen is an extension of our Kids in the Kitchen program. Does your teenager like to cook? Are they interested in learning new skills? If so, this is the perfect time to get them involved. Visit our website to register.

10th Annual Celebration: Stop in and join us as we celebrate 10 years in Fairfax! Food, giveaways and fun for all!!

Working With Difficult People: In a perfect world, we would all get along. There would be no inequalities, no name-calling, no disrespect, no hurt. Unfortunately, we don't live in a perfect world and, inevitably, we often have the displeasure of interacting with difficult people in our everyday lives. In this workshop, you will learn to recognize behavior that is unbecoming and destructive, and the tools required to respond appropriately.

Writers Workshop: Writers Workshop is a creative space where writers develop their craft and come together in the spirit of discovery and fellowship. Awaken the writer in you and get that idea on the page! Join us for ongoing workshops where we learn and share your writing experience. Come for the lesson, writing/conferring time and sharing. Learn tips on writing, how to get started and getting your work published.

Young Artists of Fairfax: This program allows participants to explore their creative side through the arts. During each session, youth will learn from a local teaching artist in mediums such as drawing, painting, dance, music, sculpture and more. The October 8th session will be for grades 3–5, and the October 15th session will be for grades 6–8. Call 216-391-4677 for registration information.