

# November Calendar

2022 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Hours</i></p> <p>Mon, Thurs and Fri ..... 10:00 am – 4:00 pm                      Tues and Wed ..... 10:00 am – 7:00 pm                      Saturday ..... 10:00 am – 1:00 pm</p>		<p><b>1</b></p> <p>Computers 101                      1:00 pm – 3:00 pm                      Speakers Series                      5:30 pm – 7:30 pm</p>	<p><b>2</b></p> <p>Kids in the Kitchen                      4:00 pm – 5:00 pm                      Robotics on the Go                      5:00 pm – 6:30 pm                      Songwriting                      5:00pm – 6:30pm                      Entrepreneur Workshop:                      Stuck @ Start – Business                      Marketing                      5:30 pm – 7:00 pm</p>	<p><b>3</b></p> <p>Creative Design – Basic                      11:00 am – 12:30 pm                      The Art of Saying No                      11:00 am – 12:30 pm                      Computers 101                      1:00 pm – 3:00 pm</p>	<p><b>4</b></p> <p>Building Blocks                      11:00 am – 12:00 pm                      School Choice Assistance                      Office Hours                      1:00 pm – 3:00 pm</p>	<p><b>5</b></p> <p>Digital Music Recording                      &amp; Production – Basic                      10:00 am – 12:00 pm                      Young Artists of Fairfax                      (Grades 3–5)                      10:30 am – 11:30 am                      Get Up &amp; Move                      10:30 am – 12:30 pm                      Creative Design – Basic                      11:00 am – 12:30 pm</p>
<p><b>6</b></p>	<p><b>7</b></p> <p>Computer Skills:                      Beyond the Basics                      1:00 pm – 2:30 pm</p>	<p><b>8</b></p> <p>TeaTime with Traci                      11:00 am – 12:00 pm                      Connecting with                      the Community                      12:00 pm – 12:30 pm                      Computers 101                      1:00 pm – 3:00 pm                      Book Club                      5:00 pm – 6:30 pm</p>	<p><b>9</b></p> <p>Cleveland Family Café:                      Safety and Schools                      5:00 pm – 6:30 pm                      Songwriting                      5:00pm – 6:30pm                      Entrepreneur Workshop:                      Stuck @ Start – Tech &amp; Tools                      5:30 pm – 7:00 pm</p>	<p><b>10</b></p> <p>Creative Design – Basic                      11:00 am – 12:30 pm                      Creating Your Own Traditions:                      Holiday Makeover                      11:00 am – 12:30 pm                      Computers 101                      1:00 pm – 3:00 pm</p>	<p><b>11</b></p> <p><b>CLOSED</b>  <i>Veterans Day</i></p>	
<p><b>13</b></p>	<p><b>14</b></p> <p>Basic Computer Skills                      1:00 pm – 2:30 pm</p>	<p><b>15</b></p> <p>Computers 101                      1:00 pm – 3:00 pm                      Maintaining Your Happiness                      5:00 pm – 6:30 pm</p>	<p><b>16</b></p> <p>Kids in the Kitchen                      4:00 pm – 5:00 pm                      Robotics on the Go                      5:00 pm – 6:30 pm                      Songwriting                      5:00 pm – 6:30 pm</p>	<p><b>17</b></p> <p>Creative Design – Basic                      11:00 am – 12:30 pm                      Computers 101                      1:00 pm – 3:00 pm</p>	<p><b>18</b></p> <p>Building Blocks                      11:00 am – 12:00 pm                      School Choice Assistance                      Office Hours                      1:00 pm – 3:00 pm</p>	<p><b>19</b></p> <p>Get Up &amp; Move                      10:30 am – 12:30 pm                      Digital Music Recording &amp;                      Production – Basic                      10:00 am – 12:00 pm                      Young Artists of Fairfax                      (Grades 6–8)                      10:30 am – 11:30 am                      Creative Design – Basic                      11:00 am – 12:30 pm</p>
<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p> <p>Computers 101                      1:00 pm – 3:00 pm                      Book Club                      5:00 pm – 6:30 pm</p>	<p><b>23</b></p> <p>Creating Your Own                      Traditions:                      Holiday Makeover                      11:00 am – 12:30 pm</p>	<p><b>24</b></p> <p><b>CLOSED</b>  <i>Thanksgiving Day</i></p>		<p><b>25</b></p> <p>Media Lab                      11:00 am – 12:30 pm</p>
<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p> <p>Computers 101                      1:00 pm – 3:00 pm                      Writers Workshop Book Salon                      5:00 pm – 6:30 pm</p>	<p><b>30</b></p> <p>Teens in the Kitchen                      4:00 pm – 5:30 pm                      Robotics on the Go                      5:00 pm – 6:30 pm</p>	<p><b>Take your first steps with                      the PNC Fairfax Connection.</b></p> <p>A free resource center dedicated to helping                      the community learn and grow</p> <p><b>classes • workshops • events • programs</b></p>		

# Workshop & Special Events Descriptions

Visit [pncfairfaxconnection.com/calendar](https://pncfairfaxconnection.com/calendar) to register for this month's programs.

**The Art of Saying No:** Many of us have been taught that saying no is wrong, and we end up overcommitting ourselves. In this workshop, learn how saying no will help protect your peace and how to set healthy boundaries with others. Stop spreading yourself thin and learn when it's okay to say yes and when it's okay to say no to people, places and situations.

**Basic Computer Skills:** These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited. Reservation is required. Call 216-391-4677 for registration information.

**Book Club:** One of the pleasures of a good book club discussion is having a great book to rave about and a lively debate about it. Join us for your Connection to the literary world as we discuss our shared experience of our selected book.

**Building Blocks:** This weekly program for Fairfax families with children ages 3 to 6 features arts & crafts, storytime, music or an appearance by a PNC Grow Up Great partner.

**Cleveland Family Café: Safety and Schools:** The Family Café events are created to connect families with families. This family-led forum with the Cleveland Transformation Alliance is dedicated to sharing ideas, knowledge, resources and best practices to guide their services to provide quality school choice options for every child in Cleveland.

**Computer Skills: Beyond the Basics:** Sometimes we need to expand on what we already know and maybe even learn something new. Join this LIVE workshop to learn computer skills that go beyond the basics, including how to upgrade your Microsoft PowerPoint and Excel documents, how to become a keyboard expert and more. Seats are limited. Reservation is required. Call 216-391-4677 for registration information.

**Computers 101:** Join this eight-week program that will provide you with an introduction to laptops and desktops, understanding mobile apps, and safe internet navigation. This workshop is designed to help seniors and adults learn computer basics. Register early as slots fill up quickly. Call 216-391-4677.

**Connecting with the Community:** Come hear about community events and prepare to share. All programs discussed must be open to the public, be non-political and not require any experience to attend. This session will always commence directly after TeaTime with Traci.

**Creating Your Own Traditions: Holiday Makeover:** Are you tired of doing the same old things the same old way each holiday? Have you ever wondered why you celebrate the holidays the way you do? It's time to create new traditions that are fun, memorable and meaningful. In this workshop, we will explore the meaning of the holidays, discover new ways to celebrate, and develop a plan for giving your holidays a long-overdue makeover.

**Creative Design:** Join us and our partner, Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- **Basic:** An introduction to graphic design using the Canva platform.
- **Intermediate:** Provides detailed training on how to create a design portfolio of projects — logos, marketing materials and branding campaigns using Canva.
- **Advanced:** Includes instruction on how to create, edit and manipulate graphics using Adobe Photoshop.

**Digital Music Production & Recording – Basic:** Whether you're a budding musician or have a passion to create and record for a living, this class provides you access to and understanding of the software and tools you'll need to arrange your own masterpiece. In this class, students receive education on how to obtain professional-sounding results from a simple studio setup. Basic computer knowledge and registration required. Call 216-391-4677. Ages 13 and up.

**Entrepreneurship Workshops: Stuck @ Start:** Building from the basics, this series of workshops will help aspiring business owners establish the proper mental foundation for business success. Do you have a business idea or hobby that you've been wanting to launch but feel "stuck" trying to figure out how to "start"? This series of workshops will give you the guidance to not only get started but to do so with the right mindset to set yourself up for success.

- **Building from the Basics:** This workshop helps existing and aspiring business owners to establish the proper mental foundation for business success. All entrepreneurs are welcome!
- **Business Marketing:** Know your customer and give them what they want! Business owners will identify their market segments and strategies for each group.
- **Using Tech + Tools:** A business that has no online presence might as well not exist. This workshop will be an action lab from which business owners will walk away with tangible acumen to ensure that they have a basic online presence.

**Get Up & Move:** Study after study proves how essential regular exercise is to physical and mental health. Consistent activity helps us maintain a healthy weight, boosts immunity and bone health, and reduces stress. Now, as older Americans in particular face what may be additional months of staying home to stay safe, it's especially important to take steps to maintain mobility and strength. Get Up & Move is a 2-hour program developed to get you moving! Join us for yoga, line dancing and walking through the Fairfax neighborhood as you improve your overall health. Open to all ages.

**Kids in the Kitchen:** This weekly class will expose children to great-tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

**Maintaining Your Happiness:** Happiness isn't something that just happens to you. We all want to be happy, but do we know how to maintain our happiness when unforeseen circumstances and stress happen to us all? Discover how to maintain your happiness by learning the art of monitoring your thoughts and the tools to protect your inner peace, along with basic meditation skills. We'll also explore the six needs that make us happy. Join us as you elevate your internal happiness!

**Media Lab:** Our computer lab will be open with a staff member available to answer questions about software used at the PNC Fairfax Connection.

**Robotics on the Go:** This is a program for kids in grades 5–10 to learn about the fascinating world of science and technology. Topics will include building robots, real-world coding, interactive biology and more! Participants will have fun while building STEM vocabulary and engaging with project-based learning. Call 216-391-4677 for registration information.

**School Choice Assistance Office Hours:** Do you need support in learning more about the school choices here in Cleveland and finding the best school for your child? Sign up for Office Hours with a School Quality Navigator from the Cleveland Transformation Alliance! You'll get help in finding a school that will best fit the needs of your family.

**Songwriting:** Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Students should participate in all four consecutive sessions.

**Speakers Series:** Each month promises to bring new learning and will captivate all who attend to hear the very best of today's thought leaders. The PNC Fairfax Connection Speakers Series has been carefully crafted to deliver a range of inspiring speakers — renowned entrepreneurs, community leaders and award-winning journalists. You will come away from each speaker event with greater awareness and a broader understanding of new ideas. Call 216-391-4677 for additional information regarding this month's speaker.

**TeaTime with Traci:** Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection.

**Teens in the Kitchen:** This is a great opportunity for teens to learn new recipes, enjoy a nutritious dish, and have fun in the kitchen. We will learn cooking techniques and how certain ingredients pair together to create delicious flavors.

**Writers Workshop – Book Salon:** Our PNC Fairfax Connection Book Salon is an informal educational venue, where you are able to hear from distinguished writers and thinkers, exchange ideas, receive and give criticism, read your own work, and hear the work and ideas of other intellectuals. Call 216-391-4677 to find out what the topic/author will be for the current session.

**Young Artists of Fairfax:** This program allows participants to explore their creative side through the arts. In each session, youth will learn from a local teaching artist in mediums such as drawing, painting, dance, music, sculpture and more. The November 5th session will be for grades 3–5 and the November 19th session will be for grades 6–8. Call 216-391-4677 for registration information.