

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Tech Time 1:00 pm – 2:00 pm	2 Computers 101 1:00 pm – 3:00 pm Reach Success 4:00 pm – 6:00 pm Book Club 5:00 pm – 6:00 pm	3 Kids in the Kitchen 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm	4 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Computers 101 1:00 pm – 3:00 pm	5 Building Blocks 11:30 am – 12:30 pm	6 Digital Music Recording & Production 10:00 am – 12:00 pm Basic Yoga 11:00 am – 12:00 pm Creative Design – Basic 11:00 am – 12:30 pm
	8 Entrepreneurship Workshop: SCORE 12:00 pm – 1:30 pm Computer Skills: Beyond the Basics 1:00 pm – 2:30 pm	9 TeaTime with Traci 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm Computers 101 1:00 pm – 3:00 pm Reach Success 4:00 pm – 6:00 pm Speaker Series 5:30 pm – 7:00 pm	10 Self-Talk: Talk Good to Me 12:00 pm – 1:30 pm Young Artists of Fairfax 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Paint Party – Edible Art Edition 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm	11 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Financial Empowerment for Young Adults 12:00 pm – 1:00 pm Computers 101 1:00 pm – 3:00 pm	12 Building Blocks 11:30 am – 12:30 pm	13 Digital Music Recording & Production 10:00 am – 12:00 pm
	15 Basic Computer Skills 1:00 pm – 2:30 pm	16 Maintaining Your Happiness 12:00 pm – 1:30 pm Computers 101 1:00 pm – 3:00 pm Reach Success 4:00 pm – 6:00 pm Financial Empowerment 5:30 pm – 7:00 pm	17 Great Lakes Science Center Family Workshop 4:30 pm – 5:30 pm Financial Empowerment for Young Adults 4:30 pm – 5:30 pm Songwriting 5:00 pm – 6:30 pm	18 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Super Tech Day with ASC3 12:00 pm – 3:00 pm	19 Building Blocks 11:30 am – 12:30 pm	20 Digital Music Recording & Production 10:00 am – 12:00 pm Anime & Manga Club 11:00 am – 12:00 pm Basic Yoga 11:00 am – 12:00 pm
	22 Entrepreneurship Workshop: SCORE 12:00 pm – 1:30 pm Computer Skills: Beyond the Basics 1:00 pm – 2:30 pm	23 Computers 101 1:00 pm – 3:00 pm Reach Success 4:00 pm – 6:00 pm Book Club 5:00 pm – 6:00 pm	24 Kids in the Kitchen 4:00 pm – 5:00 pm Get Up & Groove: Family Line Dancing Night 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm	25 Confident YOU 12:00 pm – 1:30 pm Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Computers 101 1:00 pm – 3:00 pm	26 Building Blocks 11:30 am – 12:30 pm	27 Digital Music Recording & Production 10:00 am – 12:00 pm Homebuyers Workshop: Bilingual Edition 10:00 am – 12:30 pm
	29 CLOSED Memorial Day	30 Computers 101 1:00 pm – 3:00 pm Reach Success 4:00 pm – 6:00 pm Financial Empowerment 5:30 pm – 7:00 pm	31 Stress Management 12:00 pm – 1:30 pm Teens in the Kitchen 4:00 pm – 5:30 pm Robotics for the Family 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm			

Workshop & Special Event Descriptions

Anime & Manga Club: This is a program for people who are interested in Japanese animation (anime) and comic books (manga). We'll read manga and watch anime while having discussions about the storyline, the artwork, and the overall value of the work. Whether you are a long-time enthusiast or taking your first step in exploring the genre, all are welcome to come and enjoy anime and manga. Ages 13 and up.

Basic Computer Skills: These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited. Reservation is required. Call 216-391-4677 for registration information.

Basic Yoga: Join us with our partner My Village Yoga for our normal Saturday yoga sessions LIVE at the PNC Fairfax Connection! Whether you are new to yoga or have taken classes, this is the best place for you to start. Yoga is a unique way of strengthening and toning the body. Registration is required. Call 216-391-4677 for registration information.

Book Club: One of the pleasures of reading a good book is then having a discussion to rave about it or a lively debate about participants' reactions to what they've read. Join us for your connection to the literary world as we discuss our shared experiences of our selected book.

Building Blocks: This is a weekly program for Fairfax families with children ages 3 to 6 that features story-time, arts & crafts, music or an appearance by a PNC Grow Up Great® partner.

Computers 101: Join this 8-week program that will provide you with an introduction to laptops and desktops, understanding mobile apps, and safe internet navigation. This workshop is designed to help seniors and adults learn computer basics. Call 216-391-4677 to register early as slots fill up quickly!

Computer Skills: Beyond the Basics: Sometimes we need to expand on what we already know and maybe even learn something new. Join this LIVE workshop to learn different computer skills that go beyond the basics, including how to upgrade your Microsoft PowerPoint and Excel documents, how to become a keyboard expert and more. Seats are limited, and reservation is required. Call 216-391-4677 for registration information.

Confident YOU: What do you love about you? Let's celebrate your beauty from the inside out and dispel the negative messages our society tries to feed us. We will explore all the things that make you great, and you will leave this workshop feeling more confident about YOU.

Connecting with the Community: Come hear about community events and prepare to share. All programs discussed must be open to the public, be non-political and not require any experience to attend. This session will always commence directly after Tea-Time with Traci.

Creative Design: Join us and our partner Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- **Basic:** An introduction to graphic design using the Canva platform.

Entrepreneurship Workshops: Building from the basics, this series of workshops will help aspiring business owners establish the proper mental foundation for business success. Do you have a business idea or hobby that you've been wanting to launch but feel "stuck" trying to figure out how to "start"? This series of workshops will give you the guidance to not only get started but to do so with the right mindset to set yourself up for success.

- **SCORE:** Join us at this VIRTUAL Lunch & Learn session with SCORE, the nation's largest network of expert business mentors dedicated to helping you grow your small business. Topics include, but are not limited to, New Product Development, Measuring and Managing Business Performance, and Negotiating Skills. Call 216-391-4677 for registration information.

Financial Empowerment: In partnership with LaRese Purnell, author of *Financial Foundation\$*, join us for this 4-part series to gain the tools needed to establish financial wellness, gain wealth, and stay on the road of financial freedom. These interactive workshops are dedicated to helping you more effectively manage personal and business finances while achieving your goals. Topics include credit repair, banking and access to capital, budgeting, and home & business ownership. Call 216-391-4677 for registration information.

Financial Empowerment for Young Adults: In this workshop, students will learn to explore personal financial choices, make informed financial decisions, and consider what it means to be financially responsible. This month's theme is Borrowing Basics. The session on 5/11 is VIRTUAL, and the 5/17 session is LIVE.

Get Up & Groove: Family Line Dancing Night: Join us for a fun night of line dancing! Our instructor will teach you all the moves you need to get grooving and moving to the best hits. This event is open to all ages so bring the whole family down for a night of line dancing and movement at the Connection. No experience required. Call 216-391-4677 for registration information.

Great Lakes Science Center Family Workshop: Bring your little ones and explore scientific thinking! This is a program for elementary-age children and their families. Participants will use their senses to learn about our world through hands-on activities.

Homebuyers Workshop: Bilingual Edition: Join PNC Bank for an exciting discussion in English and Spanish that will provide insight into the homebuying experience. Learn about financing, the pre-approval process, unique lending products, and special programs to make homeownership more affordable. This LIVE workshop requires registration; call 216-391-4677 for information.

Kids in the Kitchen: This weekly class will expose children to great-tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

Maintaining Your Happiness: Happiness isn't something that just happens to you. We all want to be happy, but do we know how to remain happy when unforeseen circumstances and stress happen to us all? Discover how to maintain your happiness by learning the art of monitoring your thoughts, tools to protect your inner peace, basic meditation skills, and explore the six needs that make us happy. Join us as you elevate your internal happiness!

Paint Party – Edible Art Edition: In partnership with The Edible Art Experience™ join us to create a one-of-a-kind Edible Experience that combines the fun but relaxing qualities of painting and crafting while designing your custom signature cookie! An Edible Artist will give you will receive step-by-step instructions on how to create your own edible masterpiece. Registration is required and limited. Confirmed attendees will receive all the supplies needed so that you can follow along. Ages 18 and up.

Reach Success: Are you looking for individual support to increase your career and/or educational opportunities? The Reach Success team is resourceful and helpful in addressing barriers and allowing your personal goals to be reached. Specialties include alternatives to GED, tutoring, navigating college enrollments, employment opportunities, coaching and mentoring. Call 216-391-4677 to schedule your appointment.

Robotics on the Go: This is a program for kids in grades 5–10 to learn about the fascinating world of science and technology. Topics will include building robots, real-world coding, interactive biology and more! Participants will have fun while building STEM vocabulary and engaging with project-based learning. Call 216-391-4677 for registration information.

Robotics for the Family: Robotics and science isn't just for the kids! This program brings the whole family together, adults included! In this program, kids and adults will work together to complete an exciting project using engineering and scientific principles. We'll have fun doing hands-on activities and learning about science and technology along the way. All ages are welcome and there is no experience required!

Self-Talk: Talk Good to Me: When you talk to yourself, is it mostly positive or negative? In this workshop, we will introduce you to ways to recognize and silence your inner critic and, more important, how to promote productive self-talk.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Participants should attend all four consecutive sessions.

Speakers Series: Each month promises to bring new learning that will captivate all who attend to hear the very best of today's thought leaders. The Speakers Series has been carefully crafted to deliver a range of inspiring speakers — renowned entrepreneurs, community leaders and award-winning journalists. You will come away from each speaker event with greater awareness and a broader understanding of new ideas. Call 216-391-4677 for additional information regarding this month's speaker.

Stress Management: We all understand that stress is a part of life, especially in the fast-paced and often uncertain world we live in. What most people don't adequately understand is how both positive and negative stress constantly influences us. The trick is to maximize the positive stress and minimize the negative. Participants will gain a toolbox of personal skills and understand what lifestyle elements they can change to reduce stress.

Super Tech Day with ASC3: Need help with your new or not-so-new electronic gadgets? In partnership with Ashbury Senior Computer Community Center (ASC3), Fairfax invites you to bring your technology questions for laptops, digital cameras, iPhones, Androids and other kinds of technical devices.

Tea-Time with Traci: Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection.

Tech Time: Our Digital Lab will be open with a staff member available to answer questions on any device or software programs used at the PNC Fairfax Connection.

Teens in the Kitchen: Teens in the Kitchen is an extension of our Kids in the Kitchen program. Does your teenager like to cook? Are they interested in learning new skills? If so, this is the perfect time to get them involved. Visit our website to register.

Young Artists of Fairfax: Explore your creative side through the arts! Youth will learn how to create a variety of art projects and develop their skills in drawing, painting, sculpture and more.

First steps start here.

Visit pncfairfaxconnection.com/calendar to register for this month's programs.

