
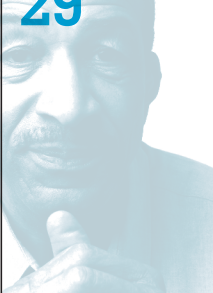


2023 October

Take your first steps with the PNC Fairfax Connection.

A free resource center dedicated to helping the community learn and grow with classes, workshops, events, and programs

Hours: Mon, Thurs & Fri • 10 am – 4 pm | Tues & Wed • 10 am – 7 pm | Sat • 10 am – 1 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Tech Time 12:00 pm – 1:00 pm	3 Legal Advice Clinic with The Legal Aid Society – Information Session 11:00 am – 1:00 pm Writers Workshop 12:00 pm – 1:30 pm Financial Empowerment 5:30 pm – 7:00 pm	4 Songwriting 5:00 pm – 6:30 pm Entrepreneurship: Stuck @ Start 5:30 pm – 7:00 pm	5 The Power of Apology 12:00 pm – 1:30 pm	6 Tech Time 12:00 pm – 1:00 pm	7 Annual Celebration 11:00 am – 2:00 pm
8 	9 CLOSED Indigenous Peoples' Day	10 TeaTime with Traci 11:00 am – 12:00 pm Connecting with the Community 12:00 pm – 12:30 pm Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Financial Empowerment 5:30 pm – 7:00 pm	11 Early Childhood Educator Workshop – The Cleveland Orchestra 4:30 pm – 6:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm Entrepreneurship: Stuck @ Start 5:30 pm – 7:00 pm	12 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Financial Empowerment for Young Adults 12:00 pm – 1:00 pm	13 Building Blocks 11:30 am – 12:30 pm	14 Teen Tech Trailblazers: Coding Unlocked 10:00 am – 11:30 am Digital Music Production – Basic 10:00 am – 11:30 pm Digital Recording & Engineering – Advanced 11:30 am – 1:00 pm Basic Yoga 11:00 am – 12:00 pm Teen Tech Trailblazers: Discovering Design 11:30 am – 1:00 pm
15 	16 Computer Skills: Beyond the Basics 1:00 pm – 2:00 pm	17 Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Book Club 5:00 pm – 6:30 pm Financial Empowerment 5:30 pm – 7:00 pm	18 Kids in the Kitchen 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm Entrepreneurship: Stuck @ Start 5:30 pm – 7:00 pm	19 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm The Art of Saying No 12:00 pm – 1:30 pm	20 Basic Facilitation Skills 11:00 am – 12:30 pm	21 Teen Tech Trailblazers: Coding Unlocked 10:00 am – 11:30 am Digital Music Production – Basic 10:00 am – 11:30 pm Digital Recording & Engineering – Advanced 11:30 am – 1:00 pm Basic Yoga 11:00 am – 12:00 pm Teen Tech Trailblazers: Discovering Design 11:30 am – 1:00 pm
22 	23 Legal Advice Clinic with The Legal Aid Society 11:00 am – 1:00 pm	24 Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Financial Empowerment 5:30 pm – 7:00 pm	25 Teens in the Kitchen 4:00 pm – 5:30 pm Songwriting 5:00 pm – 6:30 pm Families in the Kitchen 5:30 pm – 7:00 pm	26 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Stepping Into Kwanzaa 12:00 pm – 1:30 pm	27 Building Blocks 11:30 am – 12:30 pm Rising Young Professionals Luncheon 12:00 pm – 2:00 pm	28 Teen Tech Trailblazers: Coding Unlocked 10:00 am – 11:30 am Digital Music Production – Basic 10:00 am – 11:30 pm Digital Recording & Engineering – Advanced 11:30 am – 1:00 pm Basic Yoga 11:00 am – 12:00 pm The Piggy Bank Club 11:30 am – 12:30 pm Teen Tech Trailblazers: Discovering Design 11:30 am – 1:00 pm
29 	30 Basic Computer Skills 1:00 pm – 2:00 pm	31 Financial Empowerment for Young Adults 11:00 am – 12:00 pm Trick or Treat in Fairfax 3:00 pm – 6:00 pm Reach Success 4:00 pm – 6:00 pm				

Workshop & Special Event Descriptions

Annual Celebration: Stop in and join us as we celebrate 11 years in Fairfax! Food, giveaways and fun for all!

The Art of Saying No: Many of us have been taught that saying no is wrong, and we end up overcommitting ourselves. In this workshop, learn how saying no will help protect your peace and how to set healthy boundaries with others. Stop spreading yourself thin and learn when it's okay to say yes and when it's okay to say no to people, places and situations.

Basic Computer Skills: These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited. Reservation is required.

Basic Facilitation Skills: This high-impact workshop shows you steps to becoming a dynamic instructor, masterful facilitator and polished speaker. The session provides focused feedback so that you will leave with tangible skills you can use immediately. Perfect your learning aids, icebreakers, transitions, managing time, encouraging participation and so much more!

Basic Yoga: Join us with our partner My Village Yoga for our normal Saturday yoga sessions LIVE at the PNC Fairfax Connection! Whether you are new to yoga or have taken classes, this is the best place for you to start. Yoga is a unique way of strengthening and toning the body. Registration is required.

Book Club: One of the pleasures of reading a good book is then having a discussion to rave about it or a lively debate about participants' reactions to what they've read. Join us for your Connection to the literary world as we discuss our shared experiences of our selected book.

Building Blocks: This is a weekly program for children ages 3 to 6 that features story-time, arts & crafts, music, or an appearance by a PNC Grow Up Great® partner.

Computer Skills: Beyond the Basics: Sometimes we need to expand on what we already know and maybe even learn something new. Join this LIVE workshop to learn different computer skills that go beyond the basics, including how to upgrade your Microsoft PowerPoint and Excel documents, how to become a keyboard expert and more. Seats are limited, and reservation is required.

Connecting with the Community: Join us to hear about community events and prepare to share. All programs discussed must be open to the public, be nonpolitical and not require any experience to attend. This session will always commence directly after Tea-Time with Traci.

Creative Design: Join us and our partner, Jamal "JayWorking" Collins, to learn how to brand yourself using the art of graphic design. We will be discussing the Canva creative platform.

- **Basic:** An introduction to graphic design using the Canva platform.

Digital Music Production – Basic: Whether you're a budding musician or have a passion to create and record for a living, this class provides you access to and understanding of the software and tools you'll need to arrange your own masterpiece. Students will learn how to obtain professional-sounding results from a simple studio setup. Basic computer knowledge and registration required. Ages 13 and up.

Digital Recording & Engineering – Advanced: This is the next-level session for those who have already taken the Digital Music Production – Basic class. We will use the acquired skills to produce an entire song with audio recording included. Registration required. Ages 13 and up.

Early Childhood Educator Workshop – The Cleveland Orchestra: Learn how the language of music can help develop literacy and communication skills with activities and games that create better learners and social-emotional learning. Discover new musical games, songs and activities to promote communication, motor-skills development and good listening. Registration required. 1.5 SUTQ hours provided.

Entrepreneurship Workshops: Building from the basics, this series of workshops will help aspiring business owners establish the proper mental foundation for business success. Do you have a business idea or hobby that you've been wanting to launch but feel "stuck" trying to figure out how to "start"? This series of workshops will give you the guidance to not only get started but to do so with the right mindset to set yourself up for success.

- **Stuck @ Start: Building from the Basics:** This workshop helps existing and aspiring business owners to establish the proper mental foundation for business success. All entrepreneurs are welcome!

Families in the Kitchen: Learn as you participate in a health & wellness workshop by discussing recipes and the nutritional value of the food that is prepared by our very own Chef Tiffani of Cutting Board Academy. We'll bring dinner, you bring your family! Great opportunity to meet friends, visit with neighbors, learn new recipes and spend quality time with your family.

Financial Empowerment: In partnership with LaRese Purnell, author of Financial Foundations, join us for this 4-part series to gain the tools needed to establish financial wellness, gain wealth and stay on the road to financial freedom. These interactive workshops are dedicated to helping you more effectively manage personal and business finances while achieving your goals. Topics include credit repair, banking and access to capital, budgeting, and home & business ownership.

Financial Empowerment for Young Adults: This is a workshop where students will learn to explore personal financial choices, make informed financial decisions, and consider what it means to be financially responsible. This month's theme is "Bank On It."

Kids in the Kitchen: This weekly class will expose children to great-tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

Legal Advice Clinic with The Legal Aid Society: Advance care planning involves discussing and preparing for future decisions about your medical care if you become seriously ill or unable to communicate your wishes. Advance care planning can help ensure that you get the care you want and that someone you trust will be there to make decisions for you. Community members who need assistance with advance care and estate planning are invited to join Legal Aid to learn more. **All are welcome for the Information Session on October 3. Appointments for the Legal Advice Clinic on October 23 are required and will be scheduled during the Information Session on October 3.**

The Piggy Bank Club: Calling all kids! Come learn about spending, sharing and saving money through fun activities and games. Ages 5–12.

The Power of Apology: Apologizing is a powerful relationship tool, so why don't we use it more? Take ownership of the impact of your actions to help create healthier relationships in your life. Learn how to apologize sincerely and effectively, and create a plan to avoid future conflict and misunderstandings.

Reach Success: Are you looking for individual support to increase your career and/or educational opportunities? The Reach Success team is resourceful and helpful in addressing barriers and allowing your personal goals to be reached. Specialties include alternatives to GED, tutoring, navigating college enrollments, employment opportunities, coaching and mentoring.

Rising Young Professionals Luncheon: Join the PNC Fairfax Connection and The Literacy Cooperative for a fun and engaging networking event tailored exclusively for ambitious individuals like you. The event is a fantastic opportunity to expand your professional circle, exchange ideas and discover potential career opportunities in a vibrant supportive environment.

Robotics on the Go: Discover the fascinating world of science and technology! Youth will participate in activities that include building robots, designing structures, exploring STEM careers and more! Come have fun while building STEM vocabulary and engaging with project-based learning. For grades 5–10.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Participants should participate in all four consecutive sessions.

Stepping Into Kwanzaa: During Kwanzaa, families take time to reflect on the richness of the past, the potential of the present and the promise of the future as they gather to celebrate, pay homage and observe the seven core principles that honor all the beauty in the community. Spanning seven days from Dec. 26 to Jan. 1, Kwanzaa is a festive and reflective time filled with gifts, music and delicious food. Whether you're planning to celebrate for the first time or the 50th, Kwanzaa is a great opportunity to create meaningful memories with your family and friends. Join us for these 4 workshops to gain or increase your Kwanzaa knowledge as we prepare for the upcoming holiday. All ages welcome.

Sustainable Art Workshop: Join local multimedia artist Ron Shelton to discover how plastic bags can be transformed from litter into beautiful visual art! Participants will be taught techniques to weave these bags and create sustainable art pieces. All ages welcome.

Tea-Time with Traci: Bring your ideas and hear about upcoming workshops and events during this time to chat with Traci Mitchell, executive director of the PNC Fairfax Connection.

Tech Time: Our Digital Lab will be open with a staff member available to answer questions on any device or software programs used at the PNC Fairfax Connection.

Teen Tech Trailblazers: Coding Unlocked: In partnership with HIT in the CLE, participants in this program will learn the fundamentals of computer science and coding. This workshop is designed to allow youth to explore career pathways in tech, such as programming, engineering and more. This program is for youth in grades 5–12.

Teen Tech Trailblazers: Discovering Design: Join us and our partner, Jamal "JayWorking" Collins, to learn how to brand yourself using the art of graphic design. We will be discussing the Canva creative platform. This program is for youth in grades 5–12.

Teens in the Kitchen: Teens in the Kitchen is an extension of our Kids in the Kitchen program. Does your teenager like to cook? Are they interested in learning new skills? If so, this is the perfect time to get them involved. Visit our website to register.

Trick or Treat in Fairfax: Join us in your Halloween costume to enjoy refreshments and spooky activities!

Writers Workshop: Writers Workshop is a creative space where writers develop their craft and come together in the spirit of discovery and fellowship. Awaken the writer in you and get that idea on the page! Join us for ongoing workshops where you learn and share your writing experience. Come for the lesson, writing and conferring time, and sharing. Learn tips on writing, how to get started and getting your work published.

First steps start here.

Call **216-391-4677** or visit **pncfairfaxconnection.com/calendar** for additional information and to register early as slots fill up quickly!

