

2023

November

Take your first steps with the PNC Fairfax Connection.

A free resource center dedicated to helping the community learn and grow with classes, workshops, events and programs

Hours: Mon, Thurs & Fri • 10 am – 4 pm | Tues & Wed • 10 am – 7 pm | Sat • 10 am – 1 pm

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			1 Kids in the Kitchen 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm	2 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Computers 101 1:00 pm – 3:00 pm	3 Building Blocks 11:30 am – 12:30 pm	4 Teen Tech Trailblazers: Coding Unlocked 10:00 am – 11:30 am Digital Music Recording & Production – Basic 10:00 am – 11:30 pm Digital Recording & Engineering – Advanced 11:30 am – 1:00 pm Basic Yoga 11:00 am – 12:00 pm Teen Tech Trailblazers: Discovering Design 11:30 am – 1:00 pm
	6 Basic Computer Skills 1:00 pm – 2:30 pm	7 Computers 101 1:00 pm – 3:00 pm Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Writers Workshop 5:00 pm – 6:30 pm	8 The Piggy Bank Club 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm	9 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Healing Your Hurt 12:00 pm – 1:30 pm Computers 101 1:00 pm – 3:00 pm	10 Building Blocks 11:30 am – 12:30 pm	11 CLOSED Veterans Day
	13 Financial Empowerment for Young Adults 1:00 pm – 2:00 pm	14 Computers 101 1:00 pm – 3:00 pm Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Book Club 5:00 pm – 6:30 pm	15 Kids in the Kitchen 4:00 pm – 5:00 pm Robotics on the Go 5:00 pm – 6:30 pm Songwriting 5:00 pm – 6:30 pm Families in the Kitchen 5:30 pm – 7:00 pm	16 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Maintaining Your Happiness 12:00 pm – 1:30 pm Computers 101 1:00 pm – 3:00 pm	17 Building Blocks 11:30 am – 12:30 pm	18 Teen Tech Trailblazers: Coding Unlocked 10:00 am – 11:30 am Digital Music Recording & Production – Basic 10:00 am – 11:30 pm Digital Recording & Engineering – Advanced 11:30 am – 1:00 pm Basic Yoga 11:00 am – 12:00 pm Teen Tech Trailblazers: Discovering Design 11:30 am – 1:00 pm
	20 Becoming Your Best Self 12:00 pm – 1:30 pm	21 Computers 101 1:00 pm – 3:00 pm Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Stepping Into Kwanzaa 5:00 pm – 6:30 pm	22 Young Artists of Fairfax 1:00 pm – 2:00 pm	23 CLOSED Thanksgiving Day	24 Tech Time 12:00 pm – 1:00 pm	25 Tech Time 12:00 pm – 1:00 pm
	27 Tech Time 12:00 pm – 1:00 pm	28 Computers 101 1:00 pm – 3:00 pm Sustainable Art Workshop 3:00 pm – 4:30 pm Reach Success 4:00 pm – 6:00 pm Book Club 5:00 pm – 6:30 pm	29 Teens in the Kitchen 4:00 pm – 5:30 pm Get Up & Groove: Family Line Dancing Night 5:00 pm – 6:30 pm Robotics on the Go 5:00 pm – 6:30 pm	30 Creative Design – Basic 11:00 am – 12:30 pm Reach Success 11:00 am – 1:00 pm Financial Empowerment for Young Adults 12:00 pm – 1:00 pm Computers 101 1:00 pm – 3:00 pm		

Workshop & Special Event Descriptions

Basic Computer Skills: These days, it's important for everyone to have basic computer skills. Join this LIVE workshop to learn the basics, including creating a Gmail account and sending an email, basic word processing, how to search the internet and more. Seats are limited. Reservation is required.

Basic Yoga: Join us with our partner My Village Yoga for our normal Saturday yoga sessions LIVE at the PNC Fairfax Connection! Whether you are new to yoga or have taken classes, this is the best place for you to start. Yoga is a unique way of strengthening and toning the body. Registration is required.

Becoming Your Best Self: In this VIRTUAL workshop, you will learn how to build a life that you don't need to escape. How? By balancing your time, taking risks, cultivating your courage, and doing the things that you love and enjoy.

Book Club: One of the pleasures of reading a good book is then having a discussion to rave about it or a lively debate about participants' reactions to what they've read. Join us for your Connection to the literary world as we discuss our shared experiences of our selected book.

Building Blocks: This is a weekly program for children that features storytime, arts & crafts, music or an appearance by a PNC Grow Up Great® partner. Ages 3 to 6.

Computers 101: Join this 8-week program that will provide you with an introduction to laptops and desktops, understanding mobile apps, and safe internet navigation. This workshop is designed to help seniors and adults learn computer basics.

Creative Design: Join us and our partner Jamal "JayWorking" Collins to learn how to brand yourself using the art of graphic design. We will be discussing creative platforms such as Canva and Photoshop.

- **Basic:** An introduction to graphic design using the Canva platform.

Digital Music Recording & Production – Basic: Whether you're a budding musician or have a passion to create and record for a living, this class provides you access to and understanding of the software and tools you'll need to arrange your own masterpiece. Students will learn how to obtain professional-sounding results from a simple studio setup. Basic computer knowledge and registration required. Ages 13 and up.

Digital Recording & Engineering – Advanced: Whether you're a budding musician or have a passion to create and record for a living, this class provides you access to and understanding of the software and tools you'll need to arrange your own masterpiece. This is the next-level session for those who have already taken the Basic class. We will use the acquired skills to produce an entire song with audio recording included. Registration required. Ages 13 and up.

Families in the Kitchen: Learn as you participate in a health & wellness workshop by discussing recipes and the nutritional value of the food that is prepared by our very own Chef Tiffani of Cutting Board Academy. We'll bring dinner, you bring your family! Great opportunity to meet friends, visit with neighbors, learn new recipes and spend quality time with your family.

Financial Empowerment for Young Adults: This is a workshop where students will learn to explore personal financial choices, make informed financial decisions, and consider what it means to be financially responsible. This month's theme is Setting Financial Goals.

Get Up & Groove: Family Line Dancing Night: Join us for a fun night of line dancing! Our instructor will teach you all the moves you need to get grooving and moving to the best hits. This event is open to all ages so bring the whole family down for a night of line dancing and movement at the Connection. No experience required.

Healing Your Hurt: We often bottle up and hide our hurt, even from ourselves, because we don't have the proper tools to process it. In this workshop, you will learn strategies to let go of hurt and gain skills that allow the healing process to begin.

Kids in the Kitchen: This weekly class will expose children to great-tasting and nutritious recipes. A brief introduction of ingredients and recipe instruction will begin each session, followed by construction of recipes to take home for the whole family to enjoy.

Maintaining Your Happiness: Happiness isn't something that just happens to you. We all want to be happy, but do we know how to remain happy when unforeseen circumstances and stress happen to us all? Discover how to maintain your happiness by learning the art of monitoring your thoughts, the tools to protect your inner peace, and basic meditation skills, and explore the six needs that make us happy. Join us as you elevate your internal happiness!

The Piggy Bank Club: Calling all kids! Come learn about spending, sharing and saving money through fun activities and games. Ages 5 to 12.

Reach Success: Are you looking for individual support to increase your career and/or educational opportunities? The Reach Success team is resourceful and helpful in addressing barriers and allowing your personal goals to be reached. Specialties include tutoring, alternatives to GED, navigating college enrollments, employment opportunities, coaching and mentoring.

Robotics on the Go: Discover the fascinating world of science and technology! Youth will participate in activities that include building robots, designing structures, exploring STEM careers and more. Come have fun while engaging with project-based learning. For grades 5–10.

Songwriting: Please join us to learn the fundamentals of songwriting and song construction. This course is for both aspiring and experienced songwriters. Participants will learn to apply the principles of songwriting, structure, concepts, melody and metaphors, and then produce their own compositions. Participants should participate in all four consecutive sessions.

Stepping Into Kwanzaa: During Kwanzaa, families take time to reflect on the richness of the past, the potential of the present and the promise of the future as they gather to celebrate, pay homage and observe the seven core principles that honor all the beauty in the community. Spanning seven days from December 26 to January 1, Kwanzaa is a festive and reflective time filled with gifts, music and delicious food. Whether you're planning to celebrate for the first time or the 50th, Kwanzaa is a great opportunity to create meaningful memories with your family and friends. Join us for these 4 workshops to gain or increase your Kwanzaa knowledge as we prepare for the upcoming holiday. All ages welcome.

Sustainable Art Workshop: Join local multimedia artist Ron Shelton to discover how plastic bags can be transformed from litter into beautiful visual art! Participants will learn techniques for weaving these bags and creating sustainable art pieces. All ages welcome.

Tech Time: Our Digital Lab will be open with a staff member available to answer questions on any device or software programs used at the PNC Fairfax Connection.

Teen Tech Trailblazers: Coding Unlocked: In partnership with HIT in the CLE, participants in this program will learn the fundamentals of computer science and coding. This workshop is designed to allow youth to explore career pathways in tech, such as programming and engineering. This program is for youth in grades 5–12.

Teen Tech Trailblazers: Discovering Design: Join us and our partner Jamal "JayWorking" Collins to discover design using tools like Illustrator, Photoshop and Canva. Our workshops go beyond graphic design, encompassing various skills like fashion, personal branding, video editing and content creation, empowering students in a supportive and enjoyable learning environment. For youth in grades 5–12.

Teens in the Kitchen: Teens in the Kitchen is an extension of our Kids in the Kitchen program. Does your teenager like to cook? Are they interested in learning new skills? If so, this is the perfect time to get them involved. Visit our website to register.

Writers Workshop: Writers Workshop is a creative space where writers develop their craft and come together in the spirit of discovery and fellowship. Awaken the writer in you and get that idea on the page! Join us for ongoing workshops where you learn and share your writing experience. Come for the lesson, writing and conferring time, and sharing. Learn tips on writing, how to get started and getting your work published.

Young Artists of Fairfax: Explore your creative side through the arts! Youth will learn how to create a variety of art projects and develop their skills in drawing, painting, sculpture and more.

First steps start here.

Call **216-391-4677** or visit pncfairfaxconnection.com/calendar for additional information and to register early as slots fill up quickly!

